

Sulfur amino acids and health - 21st Sept – All times are UK timezone (GMT +1)
David Smith Lecture Theatre

9-9.05: Welcome

9.05-9.35: Sulfur amino acids (SAAs) and metabolic health – An overview– **Amany Elshorbagy**

9.35-10.05: Rare disorders of sulfur amino acid metabolism: going beyond homocysteine – **Viktor Kozich**

10.05-10.35: Epidemiology of SAAs and metabolic health – **Elena C. Tore**

10.35-11.00: **Coffee**

11.00-11.30: Dietary SAA restriction in humans – Evidence from a double-blind RCT – **Thomas Olsen**

11.30-12.00: Pharmacologic cysteine-lowering against obesity – **Kathrine J. Vinknes**

12.00-1.00: **Lunch**

1.00-1.40: Sulfur Diet-Genotype-Metabolism interplay – **Ruma Banerjee**

1.40-2.10: Sulphur amino acid requirements and metabolism in older adults >60 yrs – **Glenda Courtney-Martin**

2.10-2.40: Intermittent Methionine Restriction - A Superior Alternative to the Classical Intervention? – **Jay Johnson**

2.40-2.50 Comfort break

2.50-3.35: Homocysteine and the prevention of Alzheimer's disease: the VITACOG trial – **David Smith**

3.35-4.00 Sulphur amino acids, cognitive performance, and structural brain changes in older adults – **Babak Hooshmand**

4.00-4.25 Combining NMR and MS Blood Metabolomics for Monitoring Progressing Brain Atrophy in the VITACOG Cohort – **Tereza Kacerova**

4.25-4.30 Closing remarks